

Elizabeth Lee Black Gluten/Dairy/Egg Free Lunch Menu

October 2025



		1. <u>Lunch</u> Penne Pasta w/ Meatsauce Steamed Broccoli Assorted Fruit Milk	2. <u>Lunch</u> BBQ Pulled Pork w/ Rice Steamed Green Beans Assorted Fruit Milk	3. <u>Lunch</u> Gluten Free Cheese Pizza Grilled Chicken Patty w/ Pasta Steamed Peas Assorted Fruit Milk Jello
6. <u>Lunch</u> Diced Chicken w/ Pasta Steamed Carrots Assorted Fruit Milk	7. <u>Lunch</u> Grilled Chicken Patty w/ Pasta French Fries Assorted Fruit Milk	8. <u>Lunch</u> Hamburger w/ Rice Steamed Broccoli Assorted Fruit Milk	9. <u>Lunch</u> BBQ Grilled Chicken w/ Rice Baked Beans Assorted Fruit Milk	10. <u>Lunch</u> Gluten Free Cheese Pizza Grilled Chicken Patty w/ Pasta Steamed Peas Assorted Fruit Milk Jello
13. <u>Lunch</u> Grilled Chicken Patty w/ Pasta Crispy Tator Tots Assorted Fruit Milk	14. <u>Lunch</u> Diced Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	15. <u>Lunch</u> Penne Pasta w/ Meatsauce Steamed Cauliflower Assorted Fruit Milk	16. <u>Lunch</u> Hamburger w/ Rice Baked Beans Assorted Fruit Milk	17. <u>Lunch</u> Sloppy Joe w/ Rice Gluten Free Cheese Pizza Steamed Carrots Assorted Fruit Milk Jello
20. <u>Lunch</u> Diced Chicken w/ Rice Baked Beans Assorted Fruit Milk	21. <u>Lunch</u> Penne Pasta w/ Meatsauce Steamed Broccoli Assorted Fruit Milk	22. <u>Lunch</u> Sloppy Joe w/ Rice Steamed Green Beans Assorted Fruit Milk	23. <u>Lunch</u> Grilled Chicken Patty w/ Pasta Baked French Fries Assorted Fruit Milk	24. <u>Lunch</u> Diced Chicken w/ Rice Gluten Free Cheese Pizza Steamed Peas Assorted Fruit Milk Jello
27. <u>Lunch</u> Hamburger w/ Rice Crispy Tater Tots Assorted Fruit Milk	28. <u>Lunch</u> Pasta w/ Meatsauce Steamed Carrots Assorted Fruit Milk	29. <u>Lunch</u> BBQ Grilled Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	30. <u>Lunch</u> Sloppy Joe w/ Rice Baked Beans Assorted Fruit Milk	31. <u>Lunch</u> Gluten Free Cheese Pizza Hamburger w/ Rice Steamed Peas Assorted Fruit Milk Jello

In order to qualify for a reimbursable lunch this meal must include the following components:
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options 9th-12th: Wow Butter & Jelly Sandwich w/ Cheesestick

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

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MENUS SUBJECT TO CHANGE